



Become A Soup Master

**Our Most
Popular
Workshop!**

**Soup. It's one of the most nourishing foods you can eat.
But only when it's made with real food.**

Ditch the store-bought salt bombs and come learn a variety of healthy & delicious soups you can make at home.

Mediterranean Lentil Vegetable. Creamy Mushroom & Tarragon. Roasted Garlic & Tomato. Plus tons more!

We also review the latest supplies and products to make life in the kitchen easier. Everyone gets recipes.

Samples available while supplies last.

