

# PICKLEMANIA!



## **Do you love pickled vegetables?**

Come learn how to make your own fantastic brine to pickle almost anything! Cucumbers, beans, eggs, beets, carrots. The list of things that can be pickled is endless.

We will review when and how to use certain brines, and how to blend vegetables and proteins to create your own pickling blend. Participants will receive pickling spice packet, recipes, and plenty of tips.

