## Coffee Talk!



## Don't look now, but coffee is good for you again! Studies show it helps with brain health, losing weight, and may help increase life expectancy!

Join us for some serious coffee talk, from light to dark roast, reported health benefits, and everything in between.

Learn about origination, cultivation and enjoyment, historical impact on culture, and more. We will also discuss different brewing methods and anything else we can think of to share.

Iced or hot, if you're a coffee person, this one is not to be missed! Samples of our favorite dark roast will available while they last!

