

COPYCAT KITCHEN

How to Make Your Favorite Brands at Home



Sick of food that's loaded with salt and sugar? Sick of the high prices and long lines? Learn how to make it yourself!

Not only is cooking at home nutritionally better for you, it's also good for your mental health and your wallet.

Learn how to make your own version of brand name favorites, such as a certain fish sandwich or some low sodium vegetable juice using only 8 vegetables. Chicken Tenders, Broccoli and Cheese Soup, and more!

This is a great presentation for people looking to control salt and sugar intake or for those who want to stick it to the corporations.